

“Information About My Disability” Cards

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The brochure “Information About My Disability Card” on the web—site www.arcindiana.org

A simple way to provide information about your disability & contact information to 1st Responders or other community members.

Hi, my name is Heather Telthorster. When I got my Driver’s License and my own car I was a little worried that if I got pulled over by the police they wouldn’t understand me because of my speech disability. I told my mom about my idea, she is the Executive Director of The Arc of Indiana County and we made an information card. I put it in my car, my mom’s car and I have one in my purse. If someone doesn’t understand what I say I will show them the information card.

SAMPLE OF “INFORMATION ABOUT MY DISABILITY” CARD

Front Side

<p style="text-align: center;">“Information About My Disability “ Cards</p> <p>My name is _____ DOB: _____</p> <p>I have a speech disability.</p> <ul style="list-style-type: none">▪ Please talk slowly in a normal voice.▪ Sometimes it’s hard for people to understand what I say.▪ If you don’t understand me, I can write down, my answer.▪ I know sign language. <p>I also have mild cerebral palsy affecting my right side.</p> <p style="text-align: right;">(continued on back)</p>
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Back Side

Contact Information:
Mother – Home: Work: Cellphone:
Brother – Home: Work: Cellphone:

Put your information on paper or type on a computer. It is very important to include “Contact Information”, your family members, caregiver, friends, or your work.

After you are finished put it in a clear cover or laminate it.

Put the information card in your _____

- Wallet
- Purse
- Backpack
- Car

If someone stops you just show them your “Information About My Disability” card. If they have questions they will ask you or someone on your contact information list.